



GHOST

la sella che non c'è

MATERIALI E PRODUZIONE INTERAMENTE IN ITALY

Ghost Saddles Ethical Selling - Rider Size & Equine Welfare

Ghost Saddles are committed to both the ethical production of our saddles, and equine welfare relating to the use of our products.

We know that rider size (including height and weight) can have welfare implications for our horses. During saddle fitting consultations we take an active role in helping riders determine if their horses can comfortably carry the combined weight of their rider plus saddle.

While research in this area is ongoing, preliminary studies supported by a wide range of organizations including World Horse Welfare show that a high rider weight and height in proportion to horse weight & size can have a negative impact on the performance of our horses.

The stages of equine skeletal development also need to be remembered when purchasing a saddle for a young horse. Most horses do not reach full physical maturity until five to six years of age. Care needs to be taken to ensure any training activities before this do not place your horse's skeletal and muscular development under unnecessary strain before they begin ridden work. We will not generally sell you a saddle until your horse is at least five.

Our dealers will always be happy to advise you regarding the correct rider weight and height in proportion to horse weight and size. As a general rule, **most horses should not be expected to carry more than 20% of their own weight, depending on the horse-rider combination.** It's our goal to work with riders while also respecting these principles.

For example, a 500kg horse can carry a combined rider and saddle weight of 75-100kg.

This will always be taken on a case-by-case basis, as there are many factors to consider including rider balance, fitness, height, and saddle fit, as well as the horse's conformation, fitness, age, and muscle development. Choosing a horse that's the appropriate size for your height and weight is a vital part of responsible riding.

Team Ghost Italy